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Tourism Division  
International Affairs, Culture and Tourism Bureau  
Kanagawa Prefectural Government  
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The content of this handbook may change due to the status of COVID-19.

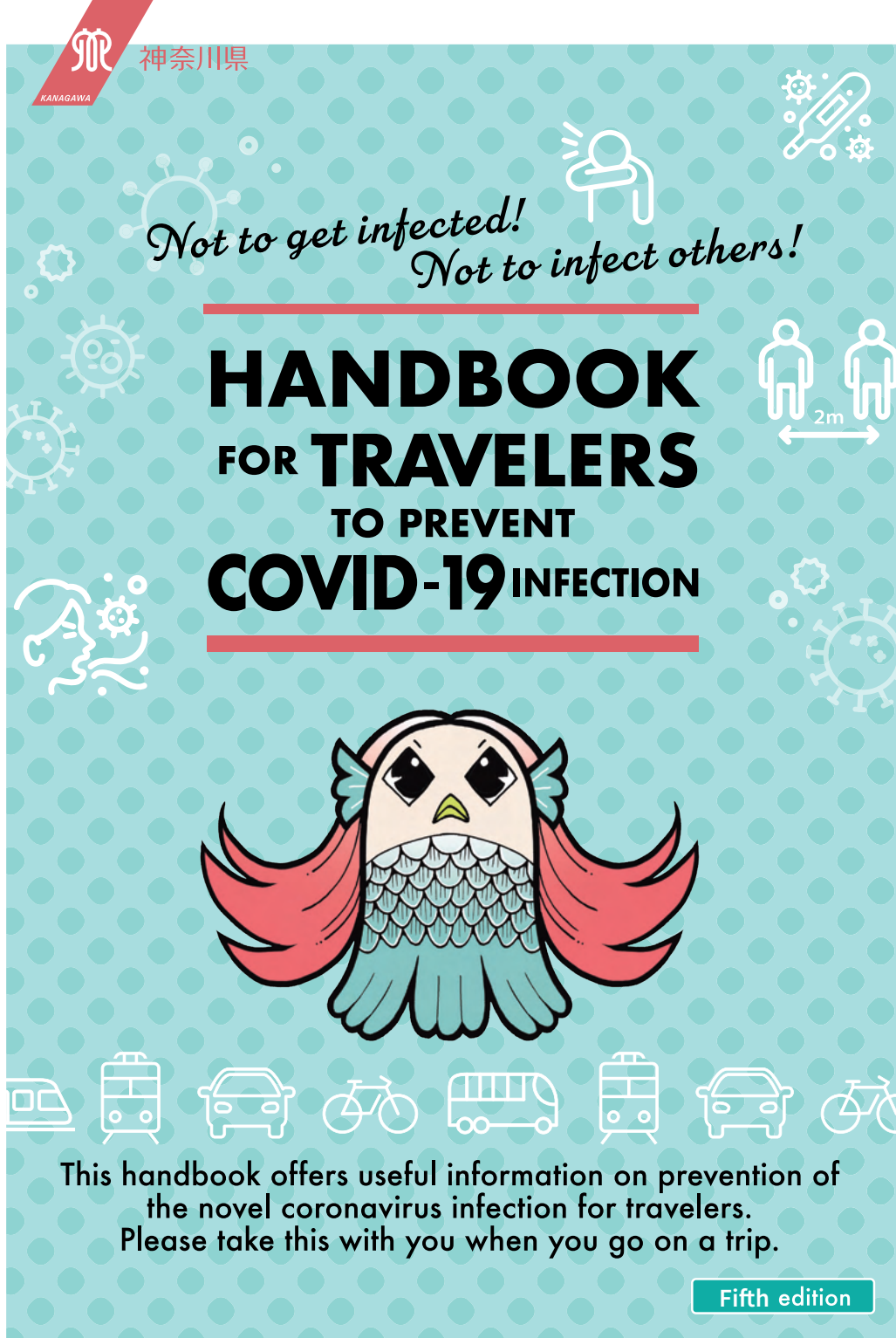
**Stop  
spread of infection!**



### What are AMABIE and AMABIKO?

Amabie and Amabiko are legendary creatures handed down since ancient times in Japan. It is believed that if you draw a picture of them and show it to someone else, you can effectively expel an epidemic.

An illustrator TACHIBANA Isagi drew these pictures to express support for medical workers who were engaged in infection control of COVID-19.



## What you should do before and after the trip

- Take your temperature and check health condition before departure.
- Cancel the trip if you have a fever or cold-like symptoms.
- Wash your hands after you return home.



Have the courage to cancel!



## When you become sick on your trip

### If you feel sick, stop traveling and return home.

- If you develop a fever or cold-like symptoms, conduct self test using an antigen testing kit. Those who have underlying diseases and the elderly are requested to visit a medical institution.
- Return home and refrain from going out until you recover.

If you have the following symptoms, see the website “**Phone Counseling Services**”.

- You have any of these severe symptoms : a feeling of smothering (difficulty in breathing), severe fatigue or a high fever.
- You may develop severer symptoms if infected due to underlying diseases, and have relatively mild cold-like symptoms, such as a fever or coughing, at the moment.
- You don't fall under the above cases, but have relatively mild cold-like symptoms like a fever and coughing that persist for a long time.

## Phone Counseling Services

This website offers information on counseling services in the following languages.

- |  |                   |
|--|-------------------|
| ▶ English                              | ▶ Vietnamese      |
| ▶ Chinese (simplified and traditional) | ▶ Thai            |
| ▶ Korean                               | ▶ Tagalog         |
| ▶ Spanish                              | ▶ Cambodian       |
| ▶ Portuguese                           | ▶ Simple Japanese |

When necessary, call the phone number that corresponds to the content of your inquiry as instructed in the website.



**Phone Counseling Services**

## COVID-19 Q&A

Click the “Multilingual” button and open the “COVID-19 Q&A” bot. Enter your question in the entry field and click “SEND” button. The bot answers your question offering various information on COVID-19 as well as medical examination, mental counseling, dentists, etc. based on information by Kanagawa Prefectural Government and the Ministry of Health, Labor and Welfare.

### AVAILABLE LANGUAGES

- ▶ Japanese
- ▶ English
- ▶ Chinese (simplified and traditional)
- ▶ Korean
- ▶ Thai



**COVID-19 Q&A**

# BEFORE DEPARTURE



## What to take with you

### Helpful items if you have

- Hand sanitizer
- Thermometer
- Towel
- Plastic bag to keep/dispose of masks
- Antigen testing kit
- Masks



## Collection of information

- To avoid crowds, confirm beforehand the state of congestion in your destinations, book in advance and stagger arrival time.

### Information on tourism in Kanagawa Prefecture



**Tokyo Day Trip**  
-Kanagawa Travel Info-

### AVAILABLE LANGUAGES

- ▶ English
- ▶ Japanese
- ▶ Chinese (simplified and traditional)
- ▶ Korean
- ▶ Vietnamese
- ▶ Thai
- ▶ French
- ▶ German

### For safe trip

Tokyo Day Trip-Kanagawa Travel Info-offers information on COVID-19 infection and medical institutions.



About preventing the spread of the new coronavirus after the refrain-from-going-out request cancellation.

*If you are to join a tour or use an accommodation program utilizing the "vaccine-test package", you will be required to present your vaccination certificate or proof of negative test result. Confirm the requirements when making reservation.*



# DURING TRIP

## Using public transportation system

- Buy tickets online as much as possible. Select a seat that can maintain a distance from other passengers when booking.
- Wash/sanitize your hands after touching items which are touched by many people.
- Avoid rush hours and physical contact with others.
- When waiting for a bus/train, do not get too close to the person before you.
- Refrain from talking too much.

*Book in advance for smooth traveling!*

*You can relax mentally and physically with less people around you♪*



## Traveling by car

- Ventilate the car frequently to breathe fresh air from outside while driving.



# DURING TRIP

## Going sightseeing

- Book in advance/buy advance tickets and enjoy excitement of travel planning.
- Avoid entering a facility when it is crowded.
- When waiting in line, do not get too close to the person before you.
- When visiting tourist facilities, maintain an enough distance from others.

*Practice social distancing  
at the sea,  
mountain and river!*



## Going shopping

- Refrain from entering a shop when it is crowded.
- Wash and disinfect your hands when entering and leaving the shop.
- When you wait for your turn in choosing items or making payment, keep as much distance as possible from other customers.

*By making a shopping list  
beforehand, you can shop  
more smoothly.*



## At the hotel

- When you wait in line for checking in or out, only one person of your group should line up. Be sure to keep a distance from the person before you.
- If you feel ill or have a fever, tell a hotel clerk immediately.
- Keep a social distance from others while staying.
- Do not use a shared towel but use your own or furnished one in your room.
- Enter information of all the members of your party in the guest registration card, just in case.

## Having a meal

- Wash and sanitize your hands before and after having a meal.
- Taking out your meal is also a good idea. Enjoying the beautiful scenery together with the local food is one of the pleasures of traveling.
- To share food, use serving spoon/chopsticks and plates for individuals.
- When you wait in line, do not get too close to the person before you.

# Take a record of your trip

Points to be recorded

① When? ② Where? ③ With who? ④ What? ⑤ Temperature

Take a record of your activities in detail, just in case.



## Travel Journal

Name: Tomoko Kana

Date: June 20 to 21

Members of Kana family

Father, Taro, 40yrs. Mother, Hanako, 39yrs.

Myself, Tomoko, 12yrs.

Day	Time	Temp.	Place	Notes
Day 1	7:00	36.1℃	■ Yokohama Municipal Subway Gold Line	■ Left for Kanagawa Land!! Feelin' great!
	9:30	℃	■ Kanagawa Land	■ Entered Kanagawa Land.
	12:00	℃	■ ↓ Restaurant Panda	■ Ordered fruit pancakes.
	13:00	℃	■ ↓ Souvenir shop Amabiko-ya	■ Bought a stuffed animal.
	15:00	℃	■ Yokohama Municipal Subway Gold Line	■ Headed for Icho Hotel.
	16:00	℃	■ Icho Hotel	■ Arrived at the hotel. Washed hands and relaxed.
	21:00	36.2℃	■	■ Good night.
Day 2	7:00	36.1℃	■ Icho Hotel	■ Left for Kamome Zoo! In good shape.
	10:00	℃	■ Kamome Zoo	■ Arrived at Kamome Zoo.
	12:00	℃	■ Diner Tamago-tei	■ Had an omelet rice on the terrace.
	13:00	℃	■ ↓	■ Bumped into my friend Amabie. (*^▽^*)/
	15:30	℃	■ Yokohama Municipal Subway Gold Line	■ Went home.
	16:00	℃	■ Home	■ Got home. Took a shower & got refreshed.
	21:00	36.2℃	■	■ Good night, I' ll have a good sleep.
	:	℃	■	■

## Travel Journal

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Members

Day	Time	Temp.	Place	Notes
	:	℃	■	■
	:	℃	■	■
	:	℃	■	■
	:	℃	■	■
	:	℃	■	■
	:	℃	■	■
	:	℃	■	■
	:	℃	■	■
	:	℃	■	■
	:	℃	■	■
	:	℃	■	■
	:	℃	■	■
	:	℃	■	■
	:	℃	■	■