

Yokohama &
Kawasaki
Yokohama City

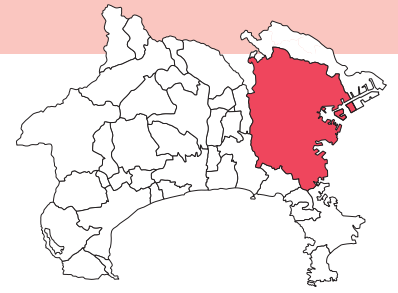
Tourist Attraction No.

297

<Amusement>

A romp through nature.
Notable for its ingenious athletic equipment.

Field Athletic Yokohama Tsukushino Course



Explanation of Tourist Attraction

Field Athletic Yokohama Tsukushino Course offers a rich natural environment with diverse terrain. The exercise course, which features logs laid out in the forest and over ponds, will bring you closer to nature. Rather than competing based on speed or strength, you can progress at your own pace, according to your age and fitness level. Enjoy a full body workout that doesn't feel like a workout at all, but will leave you feeling great. With popular playground equipment, Tom Sawyer, the adventure forest, barbecue facilities and more, there is plenty to do, no matter what your age. Adults: ¥900, junior high school students / high school students: ¥800, children aged three or older / elementary school students: ¥600. Admission is free for children under the age three. Special rates for groups of 20 or more people.

Address	4191 Nagatsuta-cho, Midori-ku, Yokohama, Kanagawa
Opening Hours	9:00 am to 5:00 pm
Availability of Parking	Parking is usually free. However, during the Golden Week holiday period, in order to provide additional parking spaces temporarily, a fee of ¥500 per vehicle will be charged.
URL	http://www.tsukushino.co.jp/

Recommended Season

All year

Group/Individual Mark



Group



Individual

Target Regions

Sports officials from Asia

Access

3 minute walk from Suzukakedai Station or Tsukushino Station (Tokyu Den-en-toshi Line).
3 minute walk from Nagatsuta Station (JR Yokohama Line / Tokyu Den-en-toshi Line).
Car: From Tokyo, 5 minute drive from Tomei Expressway Yokohama-Machida Interchange.

Model
Route
No. **80**

Specific Model Route Details

Individual

Day 1

Tokyo (various areas) --- Forest Adventure ---
Odawara --- Nissan Stadium Tour --- Hotel
(Shin-Yokohama area)

Day 2

Hotel --- Field Athletic Yokohama Tsukushino
Course --- Snova Shin-Yokohama --- Tokyo
(various areas)

Start

Tokyo Station, Shinjuku Station,
Shinagawa Station, Shibuya
Station, Yokohama Station,
Haneda Airport, Narita Airport

Goal

Tokyo (various areas)

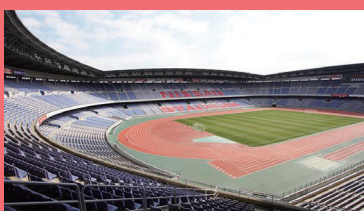
Time Required

2 days



Nearby Sightseeing Spot

International Stadium Yokohama (Nissan Stadium)



The final venue for the 2002 FIFA World Cup Finals, the stadium now offers guided World Cup tours (Charges apply) . For tour dates, please check the stadium's website.

Snova Shin-Yokohama



Enjoy skiing and snowboarding on Snova's slopes, which get as cold as 3°C (37.4°F) even during mid-summer.

