

Muscle Monster 2 (Sagamiko Mori Mori)



Wi-Fi



Barrier free



Parking



For individuals



For groups



Multilingual support



Pre-booking required



Facility Overview

This popular attraction can be found inside Sagamiko Mori Mori (formerly Sagamiko Resort Pleasure Forest), a leisure facility in Sagamihara City. The attraction comprises a three-level obstacle course with 93 different activities as well as a rooftop viewing deck, ensuring visitors can enjoy a thrilling 360-degree view from up high.

Highlights

The difficulty of the activities increases with each level from 1 to 3. With different color wire clips depending on the difficulty of the activity, everyone can enjoy the obstacle course in their own way, even small children. There is also a photo service that captures photos of visitors while tackling the activities.

Details/Schedule

Anyone 120 cm or over in height or up to 120 kg in weight can take part. Children under elementary school age can also take part as long as they are with an adult aged 18 or over. Visitors cannot wear sandals or high heels on the course. In busy periods, when the attraction reaches full capacity, further entry may be suspended even during open hours. Please come early to avoid disappointment. As times are specified when booking, visitors can enjoy other attractions while they wait.

Nearby Tourist Information

Stroll on Sagamiko lakeside



On their stroll, visitors can enjoy retro shooting galleries, pinball, and space invader games, for example

Lake Sagami Onsen Ururi



A one-day hot spring facility on high ground that is surrounded by the forests of Lake Sagami

Basic Information

- Provider: Sagamiko Resort Co., Ltd.
- Address: 1634 Wakayanagi, Midori-ku, Sagamihara-shi, Kanagawa 252-0175
- Inquiries: +81 570-037-353
- Website: <https://www.sagamiko-resort.jp/musclemonster/> (Japanese)
- Email address: sagamiko-resort-pleasure-forest@fujikyuu.co.jp
- Open: Weekdays 10:00–16:00; weekends and public holidays: 9:00–17:00 (closed: Wednesday and Thursdays)
- *Please check website for details

Recommended Route

Tokyo Station (70 min. JR Line) Sagamiko Station (10 min. walk) [Stroll on Sagamiko lakeside] (20 min. fixed-route bus) Alight at Pleasure Forest-mae bus stop [Sagamiko Resort Pleasure Forest, 90 min.] (4 min.walk) [Lake Sagami Onsen Ururi, 60 min. bathing] (10 min. fixed-route bus) Sagamiko Station

Start: Tokyo Station; Goal: Sagamiko Station; Required time: 6 hours

Target Customers	Visitors from Japan, Asia, Europe, the US, and Australia
Price (incl. tax)	Free pass holders/overnight guests: 1,300 yen Ticket holders: 1,800 yen
Optional Extras (Not included in price)	None
Meeting Point	*Approx. 20 min. walk from the entrance to Sagamiko Mori Mori to Muscle Monster. After entering the facility, a convenient way to get there is on the lift (400 yen one-way; 700 yen return/free for free pass holders).
Access	From Sagamiko Station on the JR Chuo Line, take the bus towards Mikage from Stop 1 and alight at Sagamiko Mori Mori-mae bus stop (8 min.)
Parking	Approx. 2,500 spaces *Coach parking available
Booking Period	Tickets can be purchased in advance on the website on weekends and public holidays (*Tickets can also be purchased on-site on the day; tickets only available on-site on weekdays)
Implementation Period	All year
Start/Required Time	1 hour *On some weekends there may be no time limit
No. of Participants	Minimum number: 1 person; Maximum number: None
Exclusive Booking	Available for groups of 15 or more; booking required *Please contact the Fuji Kyuko sales department
Languages	<input type="checkbox"/> English <input type="checkbox"/> Chinese <input type="checkbox"/> Korean <input type="checkbox"/> Other
Cancellation Policy	No cancellations for tickets purchased in advance

Information is current as of February 2025. Please confirm with provider for details.